

## Threshold Results

Lovejoy HS XC Girls

28-Jul-2023

Last	First	GOAL PACE	7.28 -3	7.28 PACE	7.21 -3	7.14 - 2	7.7 - 2
Morefield	Sara	6:01-05	18:03	6:01	18:16	12:24 (v)	12:20 (v)
Benson	Camryn	6:01-05	18:03	6:01	18:35 (v)	12:02	12:02
Littlefield	Kailey	6:01-05	11:45 (2)	5:53	V	6:02 (1)	6:00 (1)
Benson	Peyton	6:01-05	6:10/6:10		V	knee	knee
Bernal	Bridget	6:01-10	18:45	6:15	18:59	12:04	12:29
Dominguez	Sofia	6:01-10	18:59	6:20	19:33 (v)	12:05	12:20
Martin	Kaylee	6:01-10	19:11	6:24	18:59	12:30	12:43
Chapman	Jocelyn	6:01-10	19:12	6:25	19:38	12:44	12:44
Lester	Campbell	6:01-10	19:28 (v)	6:29	19:02	12:32	12:16
Jaynes	Harper	6:01-10	20:33	6:51	19:26 (v)	12:18 (v/tr)	12:46 (v)
Matthews	Caroline	6:19-30	20:58	6:59	21:58	14:28	13:38
Martinez	Natalia	6:19-30	21:50	7:17	22:08		14:02
Peay	Grace	7:05-7:30	22:13	7:24	V	V	14:03
Fogle	Lily	7:05-7:30	22:22	7:27	24:00 (v)	15:15	15:12
Binnings	Mia	7:05-7:30	22:33	7:28	23:47	V	15:11
York	Ella	7:05-7:30	22:40	7:33	25.45	15:05	A
Kraus	Lilly	7:05-7:30	23:22	7:47	24.08	15:42	15:29 (v)
Jackson	Cate	7:05-7:30	23:22	7:47	24.36	16:07	15:49
Wu	Claire	8:32-45	24.39	8:13	24.43	16:49	17:13
Spencer	Paige	7:05-7:30	24.53	8:18	16:00 (2)		
Sanders	Lily	8:32-45	24.55	8:20	26.57	16:44	16:36
Collins	Lindsay	9:23-38	28.47	9:36	18:20 (2)	8:14 (1)	20:00
DuBois	Sam	9:23-38	28.59	9:45	A	V	vacay
Martin	Michaela	6:19-30	13:48 (2)	6:54	6:31/7:38	6:57 (1)	vacay
Orshalick	Talia	6:19-30	13:51 (2)	6:56	V	6:44 (1)	6:44 (1)
Simpson	Madison	6:46-7	14:04 (2)	7:02	A	14:05	14:09
Horinek	Cailee	6:19-30	14:08 (2)	7:04	6:48/7:30	6:23 (v)	6:35 (1)
Long	Chloe	6:19-30	15:31 (2)	7:46	6:36/7:37	6:59 (1)	7:02 (1)
Dobbs	Rachel	6:19-30	15:31 (2)	7:46	V		6:57 (1)
McCaffity	Addy	6:19-30	17:09 (2)	8:34	V		7:00 (1)
Yoakum	Kirsten	9:23-38	22.00 (2)	11	10:31 (1)	V	9:50 (1)
Brooks	Sophie	6:01-05	200 reps		V	6:02 (1)	6:15 (1)
Khalil	Malak	8:32-45	7:54/7:45		26.55	V	16:57
Lester	Campbell	6:01-10	A		19:02	12:32	12:16
Mural	Rachel	7:05-7:30	A		23:47	V	vacay
Moore	Macy	7:05-7:30	A		24.09	16:09	15:20
Garza	Lexi	9:23-38	A		28.44	A	A
Iannarelli	Dominique	7:05-7:30	A		14:56 (2)	7:04 (1)	
Frost	Anna	9:23-38	A		21:00 (2)	9:20 (1)	19:14 (v)

Mosel	Berkeley	6:19-30	A	7:21/8:07	V	7:22 (1)
Jones	Genevieve	7:30-8:00	A	V	16:42	14:24 (v)
Wilson	Haylie	8:32-45	A	V	17:11	vacay
Carlson	Kate	6:46-7	A	V	14:25 (v)	14:18
Reyna	Chloe	6:19-30	A	A	14:15	13:43
Schmidt	Delilah	9:23-38	A	A	A	A
Runions	Emersyn	8:32-45	A	A	V	vacay
DuBois	Alivia	9:23-38	A	A	V	vacay
Linnimeir	Evelyn	6:19-30	A	A	easy miles	vacay
Johns	Kennedy	6:19-30	C	6:52/7:54	7:23 (1)	
Wheeler	Rachel	6:01-10	I	19:27	12:24(v/tr)	12:50 (v)
James	Emily	8:32-45	I	25.45	V	18:05 (v)
Sussine	Dani	6:19-30	V	19:52	13:05	12:58
Reaugh	Mia	6:19-30	V	6:15/7:10	6:28 (1)	6:26 (1)
Mitchell	Katie	6:19-30	V	6:37/7:24	6:57 (1)	6:59 (1)
Dolberry	Caroline	7:05-7:30	V	V	14:57	14:57
Vaughn	Skylar	8:32-45	V	V	17:11	16:57
Alcares	Sophie	9:23-38	V	A	13:24	